

# ST MARY'S AND ST MARTIN'S

## 9 March

### First Sunday of Lent

St Mary's 8am service - 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> Sundays - Holy Communion (BCP)

St Mary's 4pm Second Sunday of month - Evensong

St Martin's 10am service - Parish Communion

#### THE WEEK AHEAD

Saturday 8 <sup>th</sup>	5pm	St Martin's	Service of institution of Revd Charles King
Sunday 9 <sup>th</sup>	10am	St Martin's	Holy Communion with Junior Church
	4pm	St Mary's	Evensong BCP
Monday 10 <sup>th</sup>	9am	St Martin's	Morning Prayer
	8pm	Parish Centre	Monthly Prayer Meeting
Tuesday 11 <sup>th</sup>	9am	No Morning Prayer	
Wednesday 12 <sup>th</sup>	9am	No Morning Prayer	
Thursday 13 <sup>th</sup>	10am	St Martin's	Holy Communion followed by refreshments
Saturday 15 <sup>th</sup>	10am	Parish Centre	KFC Coffee Morning (the money raised will go to Vincent de Paul)
Sunday 16 <sup>th</sup>	8am	St Mary's	Holy Communion BCP
	10am	St Martin's	Holy Communion

#### READINGS FOR SUNDAY

Deuteronomy 26. 1-11

Luke 4. 1-13

**COLLECT:** Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord. Amen

#### OUR NEWS

#### WELCOMING AT ST. MARY'S

We hope to welcome visitors to St. Mary's on Sunday afternoons in July and August. From 1.30 p.m. to 4.30 p.m., but hours are flexible with ideally two welcomers at any time. Please contact me if you would like to help on Mobile 07745 217867 or e-mail [julia.a.vickers@btinternet.com](mailto:julia.a.vickers@btinternet.com). No prior information is needed about the church, just a smile of welcome.

#### LENT

During Lent you might like to sign up for daily emails - <https://www.churchofengland.org/faith-life/what-we-believe/lent-holy-week-and-easter/living-hope-lent-reflections>

Everyone is also welcome to join the three evenings of the church Lent course coming up, whether or not you can make all or some of the dates. These will be at St Martin's Parish Centre on Wednesdays **26 March, 2 April and 9 April at 8pm.**

## GENERAL SYNOD DEBATE ON SAFEGUARDING INDEPENDENCE

February's General Synod debate in the Church of England generated much media discussion. Further information and clarification about what was and was not reported can be found here: <https://resource.stalbansdiocese.org/newsletters/general-synod-debate-on-safeguarding-independence/>

## YOUTH EVENT: ILLUMINATE CATHEDRAL!

Saturday 15 March, 6:30-10pm, St Albans Cathedral. A fabulous event to hang out for one-night only in our 1000-yr-old cathedral, transformed for young people. Inflatable challenges, silent disco, mini golf, prayer space, discussion zones, great food and much more... School years 6-13. Tickets just £7.00 incl food, at [illuminateyouth.co.uk](http://illuminateyouth.co.uk)

## DO YOU LIKE PAINTING?

There is a small group who meet at Mary's once a month on a Monday afternoon to do various forms of art mainly watercolour. If you are interested in joining us or would like to know more please speak to Mary, Penny or Sue S.

## 2025: YEAR OF SPIRITUAL RENEWAL AND WELLBEING

Our diocese is this year offering specially designed retreats, quiet days (some especially for churchwardens), pilgrimage walks, talks, online accompanied prayer weeks, courses and a special summer Cathedral celebration. Also included are resources for prayer as well as guidance and encouragement to help you care for your own wellbeing. Full details at [year.stalbansdiocese.org](http://year.stalbansdiocese.org) You can book directly yourself, but if there's something that takes your fancy and you'd like company, let us know and we'll see if others wish to join in.

## FOODBANK FEED UP WARM UP

charity number 1186381

**Supplying the homeless and those in need locally. Generally needed:** Tinned soup, beans, meat balls, tinned meats, tinned fish; tinned fruit; biscuits; pasta; microwave rice; breakfast bars; toilet roll. Could you get an item when you go shopping? **Thank you for your continuing support.** Your one tin or packet a week can make all the difference to someone in need.

### Please remember in your prayers:

- All those known to us who need **healing** at this time, including: Jane Gilbert, Orla & her family, Mick & Sue Willis, Father Philip and Helmut Proff.
- Thanksgiving for the healing of Janet Wright.
- Those who have died.
- The Diocese of St Albans, Bishop Alan; Bishop Jane; Archdeacon Janet, and all those who support us in our worship and ministry.
- The Easter Journey taking place this week in St Martin's for local schools.
- Places suffering from war, conflict and strife, among them: The Holy Land – Israel and Palestine, Ukraine, Syria, Iraq, Afghanistan, Mali, Yemen, and Sudan.

Please email any contributions for this e-leaflet by **12.30pm Tuesday**  
to: [knebworthnews@gmail.com](mailto:knebworthnews@gmail.com)